

THE PARISHES OF:



ST. THERESE THE LITTLE FLOWER

218 3RD STREET SE, RUGBY, ND

ST. MARY'S

129 S MORGAN STREET, KNOX, ND



OUR LADY OF MT. CARMEL

301 MAIN STREET N, BALTA ND



St. Therese Little Flower Parish

Rectory: 776-6388
Parish Office: 776-6388
www.littleflowerrugby.org
Office Hours: Tuesday - Friday 8am - 3pm

Eucharistic Liturgies

Saturday Vigil 5:00 p.m.
Sunday 8:00 a.m.
Sunday 10:30 a.m.
Weekday Mass as scheduled on back page

Sacrament of Reconciliation

Tuesday 6:30 p.m. - 7:30 p.m.
Saturday 8:30 a.m. - 10:30 a.m.
4:15 p.m. - 4:45 p.m.

Eucharistic Adoration

Monday 5:45 p.m. - midnight
Tuesday 8:00 a.m. - 9:00 p.m.
Thursday 8:00 a.m. - 5:00 p.m.

If a funeral is scheduled at 11am adoration begins at 1pm; if a funeral is scheduled at 2pm adoration will be from 8am - noon.

FOURTH SUNDAY IN ORDINARY TIME FEBRUARY 1, 2026 THE HISTORIAN VOL. 40 NO. 5

Message from our Pastor

Dear Parishioners of Little Flower, Our Lady of Mt. Carmel, and St. Mary's,

Tomorrow, February 2nd, the Church celebrates Candle-mas Day, the commemoration of the Presentation of the Lord in the temple and the Purification of the Blessed Virgin Mary. Traditionally, candles are brought to the church to be blessed on this day for use throughout the year, such as feast days, anniversaries, etc. The Mass of the day begins at the entrance of the church with the blessing of candles and a procession with lighted candles.

“The presentation of Jesus in the temple shows him to be the firstborn Son who belongs to the Lord. With Simeon and Anna, all Israel awaits its encounter with the Savior-the name given to this event in the Byzantine tradition. Jesus is recognized as the long-expected Messiah, the "light to the nations" and the "glory of Israel", but also "a sign that is spoken against". The sword of sorrow predicted for Mary announces Christ's perfect and unique oblation on the cross that will impart the salvation God had "prepared in the presence of all peoples” (*Catechism of the Catholic Church*, 529).

On Candle-mas day a procession may be held at home. Each person carries their own lighted candle, and they all go through the house singing and praying, led by the father of the family. A prayer is recited before the procession:

Hear your people, O Lord, we implore you to grant us to obtain those things inwardly by the light of grace, which you grant us outwardly to venerate by this annual devotion.

May you have a blessed week.

Sincerely yours in Christ,

Fr. Frank Miller
Pastor



St. Mary's Parish
Eucharistic Liturgy
Sunday 8:30 a.m.



Our Lady of Mt. Carmel Parish
Eucharistic Liturgy
Sunday 8:30 a.m.
Wednesday 10:30 AM



Infant Baptism
Please contact priest before birth or selecting baptismal sponsors.

Marriage Preparation
Prior to setting a wedding date, at least six months in advance, please arrange a first meeting with one of our priests.

New Parishioners
Please register at the parish office 9:00 a.m. - 3:00 p.m. or contact the parish office.

Communion to the Sick & Homebound
Parish ministers bring the Holy Eucharist to the homebound and the hospitalized. Please call the parish office to arrange for visitation.

Anointing of the Sick
Please contact a priest when hospitalized or preparing for surgery or significant medical procedure.

Bulletin announcement deadline:
Noon on Wednesday

FOURTH SUNDAY IN ORDINARY TIME



Candlemas, known as the feast of the Presentation of the Lord, symbolizes Christ as the light of the world and is often marked by the blessing and lighting of candles, will be celebrated at the Little Flower Masses on Monday, February 2nd. Everyone is invited to bring their candles to Mass to be blessed on this day for use in their own homes. Blessed candles are perfect for lighting during family dinners or while saying a family Rosary. Please place your candles on the table at the front entrance of the church prior to Mass to have them blessed.

The Little Flower Catholic School Advisory Council will be meeting on February 9 at 7:00 AM.

The Knights of Columbus monthly council meeting will be on Wednesday, February 11 at 7:00 PM in Dorothy's Room.

The St. Therese the Little Flower Conference of the Society of Saint Vincent de Paul will be meeting on Thursday, February 12 at 7:00 PM in Dorothy's Room. New members are always welcome.

Valentine's Day BINGO Join us for the Little Flower Family Valentine Bingo Party on February 15 from 1:00 - 3:00 PM in the Monsignor Cloos Dining Room as we celebrate love, marriage, and family with red desserts, red bingo prizes, and red door prizes. Fun for the whole family! Everyone is welcome.

WEEKLY EVENTS

Sunday, February 1

Fourth Sunday in Ordinary Time

- Little Flower Mass 8:00 AM and 10:30 AM
- St. Mary's Mass 8:30 AM
- Our Lady of Mount Carmel Mass 10:30 AM

Monday, February 2

Candlemas, The Presentation of the Lord

- Little Flower Mass 7:30 AM and 5:15 PM
- Little Flower Adoration 5:45 PM - midnight

Tuesday, February 3

- Little Flower Mass 7:30 AM
- Little Flower Adoration 8:00 AM - 9:00 PM
- Haaland Estates Mass 9:00 AM
- Little Flower Confession 6:30 - 7:30 PM

Wednesday, February 4

- Little Flower Mass 7:30 AM and 5:15 PM
- Our Lady of Mount Carmel Mass 9:30 AM
- Prayer for Life 3:00 PM
- Praise the Lord RE - Early Out
- Grades 7-12 class 1:45 - 3:15 PM
- Grades 1-6 class 5:30 - 6:30 PM
- Kindergarten 6:00 - 6:30 PM

Thursday, February 5

- Little Flower Mass 7:30 AM
- Little Flower Adoration 8:00 AM - 5:00 PM
- Haaland Estates Mass 9:00 AM
- Hospital Mass 10:30 AM

Friday, February 6

- Little Flower Mass 7:30 AM and 9:00 AM with a movie following in Dorothy's Room

Saturday, February 7

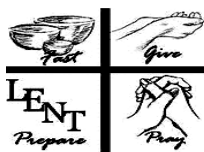
- Little Flower Mass 8:00 AM
- Confession 8:30 - 10:30 AM; 4:15 - 4:45 PM
- Little Flower Vigil Mass 5:00 PM

Sunday, February 8

Fifth Sunday in Ordinary Time

- Little Flower Mass 8:00 AM and 10:30 AM
- St. Mary's Mass 8:30 AM
- Our Lady of Mount Carmel Mass 10:30 AM

Lent begins on Wednesday, February 18. It is time to collect last year's blessed palms for making ashes. Please bring them to the parish office. Thank you!



Mass schedule for Ash Wednesday, February 18

- Little Flower 9:00 AM and 7:30 PM
- St. Mary's 6:00 PM
- Our Lady of Mount Carmel 7:30 PM

As Christians, we should want to know our family tree. We should want to know who has gone before us in the Faith, where they came from, and what they believed. We should want to know our history. In *The Bible and the Church Fathers* study, you'll learn who the Early Church Fathers were and how they shaped the way we read Scripture. *The Bible and the Church Fathers* will teach you what you need to know about the Fathers' role in how the Bible took form. You will learn powerful tools for reading Scripture, and you will understand Scripture's relationship to Tradition and, in particular, to the Sacraments. What's more, you will recognize the powerful effect of Scripture on the Church Fathers. For them, this was no academic pursuit. Their love of God's Word transformed their lives—just as it has the power to transform ours today. ***The Bible and the Church Fathers* study group, led by Fr. Frank Miller, will begin on February 17 in Dorothy's Room. Two classes will be offered on Tuesday's for your convenience, 4:00 PM and 7:00 PM. There will be 8 sessions. Please call the parish office or sign up at the front entrance of Little Flower Church so we may order the correct number of study guides. Everyone is welcome!**

Encounter: Youth Retreat Night is for all youth grades 7-12 who are looking to attend a night of praise and worship with a keynote talk and games put on by the Diocese of Fargo! Dinner will be provided. The goal of this night is to offer a meaningful encounter with the Lord and to encourage students to grow in their relationship with Him. It's also a great opportunity for youth to build friendships with peers who share their faith. **Encounter will take place at St. Cecilia's Catholic Church in Velva, ND on March 25th at 5:30 PM.** Please let your DRE know if you're interested! If you have any questions do not hesitate to contact Casandra Zwingel.

Thank you for your generous support in last week's Peter's Pence Collection! Our contributions join those from our brothers and sisters worldwide to help Pope Leo XIV in his ministry to the Universal Church, including relief to people in need and support for the Holy See. If you missed the collection, it is not too late to give visit www.usccb.org/peters-pence.

Society of Saint Vincent de Paul – Bringing Care to the Homebound. Do you know someone who is homebound, feeling isolated, or in need of a caring presence? Our Saint Vincent de Paul members offer friendly home visits, sharing prayer, encouragement, and a compassionate ear. If you or someone you know would welcome a visit, please reach out to us at **701-681-0192** or **email: littleflower@svdpfargo.org**. We are here to serve with love, dignity, and respect.

Little Flower Speaker Capital Campaign. Our church sound system has been upgraded with two new speakers to improve clarity during Mass and parish events. The cost of this upgrade was \$9,000. **Donations in the amount of \$3,120 have been received in support of this project. Thank you to all those who have contributed.** Donations of any amount are appreciated. Please place your donation in an envelope marked "Speaker Capital Campaign" and place it in the collection basket or bring it to the parish office. Checks should be made payable to Little Flower Church. Your generosity is greatly appreciated.

The World's Finest Chocolate is still available and a perfect gift for Valentine's Day! The Little Flower CYO (Catholic Youth Organization) is raising funds for program activities as well as camps and conferences, such as Prairie Pilgrimage, Camp Summit, Steubenville and Search. We have \$1 Candy Bars and boxes of Almonds and Whirls for \$3. Individual candy can be purchased from any CYO member, in the Religious Education Office or the Parish Office. Any questions, call Lisa, CYO Coordinator 701-583-2338. Thank you for your continued support in our youth program as we work to build a solid foundation of Faith!

An article on *in vitro* fertilization is available at each entrance of Little Flower Church. Please pick up a copy regarding this very important information.

Lent is more than a countdown to Easter. Take time to reflect and grow by listening to Real Presence Radio. Our local programming offers prayerful conversations, teachings, and stories that help you enter the season with intention. Tune in on 92.5 FM / 1370 AM in Grand Forks, 91.3 FM in Harvey or listen online at RealPresenceRadio.com.

Women's Care Center is seeking a compassionate part-time or full-time Ultrasound Tech/ Registered Nurse/LPN for our pro-life pregnancy center in Devils Lake. Please forward your resume to angela@wccnd.com or call 701-237-6530 for further details or questions.

STEWARDSHIP OFFERING

| | 2026 | 2025 |
|------------------|-------------|---------------------|
| January 24-25 | | |
| Little Flower | \$6,364.00 | \$3,411.13 |
| January 25, 2026 | Week | Year to Date |
| St. Mary's | \$167.00 | \$598.00 |
| OLMC | | |

2025 GOD'S GIFT APPEAL

| Little Flower | Year to Date |
|-------------------|--------------|
| Goal | \$72,622 |
| Pledged | \$54,340 |
| St. Mary's | |
| Goal | \$4,401 |
| Pledged | \$3,830 |
| OLMC | |
| Goal | \$8,385 |
| Pledged | \$6,655 |

St. Therese the Little Flower

Priests: 776-6388 Ext 1
 Very Rev. Franklin Miller, Pastor
franklin.miller@fargodiocese.org
 701-388-9826

Fr. Gaspar Vanathaiyan
frgasparraja@gmail.com

Deacon

Arlen Blessum
acblessum@hotmail.com

Richard Lagasse
richard.lagasse@fargodiocese.org

Parish Secretary - 776-6388 Ext 4

Deb Millang
lparish@gondtc.com

Bookkeeper - 776-6388 Ext 7

Heidi Voeller
lpfinance@gondtc.com

Religious Education - 776-6388 Ext 6

Casandra Zwingel
lfre@gondtc.com
 208-0429 M - F 8am - 5pm

Catholic Youth Organization

Lisa Volk - 583-2338

Knights of Columbus

Brian Blessum, Grand Knight

Christian Mothers

Theone Stevenson, President

Catholic Daughters

Valerie Bachmeier, Regent

Parish Music Ministry

Glenda Mack - 776-5179

Society of Saint Vincent de Paul

Deb Black, President 681-0192



St. Mary's Catholic Church

Religious Education

Lisa Volk

Parish Council

Kenny Bohl

St. Mary's Ladies Society

Kristen Bohl

Parish Music Ministry

Susan Hoffert



Our Lady of Mt. Carmel

Religious Education

Samantha Wentz

Parish Council

Pete Burgard

Altar Society

Bernice Axtman 542-3385

Music Ministry

Wanda Kremer - 542-3338



Little Flower School - 776-6258

Principal - 776-6258

Kevin Leier
kevin.leier@littleflowercatholicschool.com

Secretary - 776-6258

Rhonda Livedalen
office@littleflowercatholicschool.com

Parish/School Custodian

Deacon Jonathan Brewer

Church/School Kitchen 776-6388 Ext 5

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**For information about
becoming a sponsor of the Little
Flower Historian please contact
Heidi in the business office at
776-6388.**



Mass Schedule (LF-Little Flower; SM-St. Mary; OLMC-Our Lady of Mt. Carmel; HE-Haaland Estates; HOSP - Hospital)

Monday, February 2

7:30 AM (LF)

5:15 PM (LF)

5:45 PM (LF)

Mal 3:1-4; Heb 2:14-18; Lk 2:22-40 The Presentation of the Lord

† Roger C Schell by Angie Busch

† Teresa Lauinger by Marian Schmaltz

Adoration

Tuesday, February 3

7:30 AM (LF)

8:00 AM (LF)

9:00 AM (HE)

2 Sm 18:9-10, 14b, 24-25a, 30 -19:3; Mk 5:21-43 St Blaise, St. Ansgar

† Jane Roth by Tom and Kitty Teigen

Adoration

† Ted Mitzel by Larry and Diane Muffenbier

Wednesday, February 4

7:30 AM (LF)

9:30 AM (OLMC)

5:15 PM (LF)

2 Sm 24:2, 9-17; Mk 6:1-6

† Joe and Bernie Volk by Randy and Heidi Luraas

† Richard Jundt by Jim and Rita Teigen

† Clem Hager, Jr. by Richard and Arlene Schmaltz

Thursday, February 5

7:30 AM (LF)

8:00 AM (LF)

9:00 AM (HE)

10:30 AM (Hosp)

1 Kgs 2:1-4, 10-12; Mk 6:7-13 Saint Agatha

† Elaine Kraft by Anthony and Angie Deplazes

Adoration

† Regina Eisenzimmer by friends and family

† Delores Hager by Marlene Schaan

Friday, February 6

7:30 AM (LF)

9:00 AM (LF)

Sir 47:2-11; Mk 6:14-29 Saint Paul Miki and Companions

Families of the Parish by the Christian Mothers

Birthday Blessings for Dorothy & Chuck Hooker by Betty Summers

Saturday, February 7

8:00 AM (LF)

5:00 PM (LF)

1 Kgs 3:4-13; Mk 6:30-34

† Ed Brossart by Deacon Rick and Denise Lagasse

Is 58:7-10; 1 Cor 2:1-5; Mt 5:13-16 Fifth Sunday in Ordinary Time

† Pius and Regardia Schaan by Diane and Ron Johnson

Sunday, February 8

8:00 AM (LF)

8:30 AM (SM)

10:30 AM (LF)

10:30 AM (OLMC)

Is 58:7-10; 1 Cor 2:1-5; Mt 5:13-16 Fifth Sunday in Ordinary Time

† Frank & Cecilia Wiest, Mary & Leo Ehli, Edward Wiest, Christine & Ted Mitzel, Arthur Wiest by the living family of Frank & Cecilia Wiest

† Debbie Fritel by Bob and Diane Fritel

Mass for the People

† John Bohl by LeeAllen and Rebecca Leier

The broadcast of the 8:00 AM Sunday Mass on 1450 KZZJ AM and 92.1 FM is sponsored in memory of Frank & Cecilia Wiest, Mary & Leo Ehli, Edward Wiest, Christine & Ted Mitzel, and Arthur Wiest by the living family of Frank and Cecilia Wiest.

SERVING OUR PARISHES FEBRUARY 7 - 8

| St. Therese | Altar Servers | Lector | Extraordinary Minister of Holy Communion | | | |
|------------------------|--|---------------------------|--|--|-----------------------|-----------------|
| 5:00 PM Saturday | Volunteers Needed | Brenda Heilman | Joyce Teigen Chuck Teigen | | | |
| 8:00 AM Sunday | Volunteers Needed | Jeremy Wald | Heidi Voeller Michael Voeller | | | |
| 10:30 AM Sunday | Penn Wangler Pius Wangler Paxton Wangler | Paisley Wangler | Chris Brossart Jennie Brossart | | | |
| St. Mary | Sacristan/Reader | Altar Servers | Ushers | EMHC | Gifts | Church Cleaning |
| 8:30 AM Sunday | Wanda Follman Philip Volk | Tosten Bohl Micah Bohl | Darrell Hoffart Adam Bohl | Mark Hoffert | Jerald Bohl Family | Sattler Family |
| Our Lady of Mt. Carmel | Lector | Altar Servers | EMHC | Church Care | | |
| 10:30 AM Sunday | Pete Burgard | Volunteers | Diane Muffenbier | Chris Heilman, Kenny Heilman, Brad Jacobs, Mike Jundt | | |