

THE PARISHES OF:

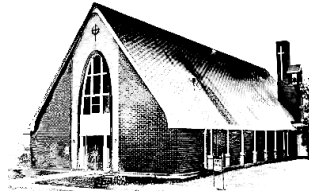


ST. THERESE THE LITTLE FLOWER

218 3RD STREET SE, RUGBY, ND

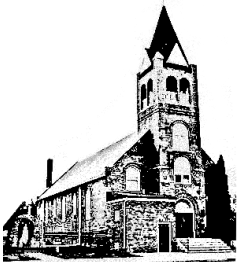
ST. MARY'S

129 S MORGAN STREET, KNOX, ND



OUR LADY OF MT. CARMEL

301 MAIN STREET N, BALTA ND



FOURTH SUNDAY OF LENT MARCH 15, 2026 THE HISTORIAN VOL. 41 NO. 11

Message from our Pastor

Dear Parishioners of Little Flower, Our Lady of Mt. Carmel, and St. Mary's,

Lent helps overcome those obstacles in our life that keeps us from sharing in the fullness of life in Christ, in other words, that we "may have life, and have it abundantly" (Jn 10:10b). One of the ways to grow in the knowledge and love of the Lord is to share the likeness of His passion by making the Stations of the Cross. See the bulletin for opportunities to make the communal devotion of the Station of the Cross.

Lent strengthens one's spirit for the long journey of living. A strong strength of spirit helps with self-control and the ability to resist inordinate desires and thoughts, "blessed are the pure in heart, for they will see God" (Mt 5:8).

Lent helps us to break off the ties of disordered attachment to ourselves, to people and things, which often keep us from seeking "first the kingdom of God" (Mt 6:33). Besides the fasting of food and abstaining from meat on the days prescribed during Lent, there are other ways of self-denial, such as lessening the amount of time watching television, lessening the amount of non-essential talking or spending more time helping others.

God's Gift Appeal brochure, a personalized pledge card, and a return envelope has been mailed to everyone registered in our parishes. The brochure identifies the ministries supported by the Appeal.



Everyone is invited to place their completed pledge card in the collection basket along with your usual Sunday offertory.

Thank you for your prayerful consideration and generosity.

May you have a blessed Lent!

Fr. Frank Miller
Pastor

St. Therese Little Flower Parish

Rectory: 776-6388
Parish Office: 776-6388
www.littleflowerrugby.org
Office Hours: Tuesday - Friday 8am - 3pm

Eucharistic Liturgies

Saturday Vigil 5:00 p.m.
Sunday 8:00 a.m.
Sunday 10:30 a.m.
Weekday Mass as scheduled on back page

Sacrament of Reconciliation

Tuesday 6:30 p.m. - 7:30 p.m.
Saturday 8:30 a.m. - 10:30 a.m.
4:15 p.m. - 4:45 p.m.

Eucharistic Adoration

Monday 5:45 p.m. - midnight
Tuesday 8:00 a.m. - 9:00 p.m.
Thursday 8:00 a.m. - 5:00 p.m.

If a funeral is scheduled at 11am adoration begins at 1pm; if a funeral is scheduled at 2pm adoration will be from 8am - noon.



St. Mary's Parish

Eucharistic Liturgy

Sunday 10:30 a.m.
Wednesday 7:00 p.m.



Our Lady of Mt. Carmel Parish

Eucharistic Liturgy

Sunday 8:30 a.m.
Wednesday 9:30 a.m.
Friday 7:00 p.m.



Infant Baptism

Please contact priest before birth or selecting baptismal sponsors.

Marriage Preparation

Prior to setting a wedding date, at least six months in advance, please arrange a first meeting with one of our priests.

New Parishioners

Please register at the parish office 9:00 a.m. - 3:00 p.m. or contact the parish office.

Communion to the Sick & Homebound

Parish ministers bring the Holy Eucharist to the homebound and the hospitalized. Please call the parish office to arrange for visitation.

Anointing of the Sick

Please contact a priest when hospitalized or preparing for surgery or significant medical procedure.

FOURTH SUNDAY OF LENT



WEEKLY EVENTS

Sunday, March 15

Fourth Sunday of Lent

- Little Flower Mass 8:00 AM and 10:30 AM
- Our Lady of Mount Carmel Mass 8:30 AM
- St. Mary's Mass 10:30 AM
- CYO Rummage Sale 8:00 AM - Noon

Monday, March 16

- Little Flower Mass 7:30 AM and 5:15 PM
- Stations of the Cross 4:15 PM
- Little Flower Adoration 5:45 PM - midnight

Tuesday, March 17

- Little Flower Mass 7:30 AM
- Adoration 8:00 AM - 9:00 PM
- Haaland Estates Mass 9:00 AM
- The Bible & Church Fathers Study Group 7:00 PM
- Little Flower Confession 6:30 - 7:30 PM

Wednesday, March 18

- Little Flower Mass 7:30 AM and 5:15 PM
- Our Lady of Mount Carmel Mass 9:30 AM
- LF Prayer for Life 3:00 PM
- Little Way Classes 5:30 - 6:30 PM ; Grades 7-12 7:00 - 8:00 PM
- KC Stations of Cross 5:45 PM
- St. Mary's Mass & Stations of the Cross 7 PM
- Little Flower Lenten Penance Service 7 PM

Thursday, March 19

- Little Flower Mass 7:30 AM
- Little Flower Adoration 8:00 AM - 5:00 PM
- Haaland Estates Mass 9:00 AM
- Hospital Mass 10:30 AM
- CDA Rosary 5:00 PM with meeting following

Friday, March 20

- Little Flower Mass 7:30 AM and 9:00 AM with a movie following in Dorothy's Room
- OLMC Mass & Stations of the Cross 7:00 PM

Saturday, March 21

- Little Flower Mass 8:00 AM
- Confession 8:30 - 10:30 AM; 4:15 - 4:45 PM
- Little Flower Vigil Mass 5:00 PM

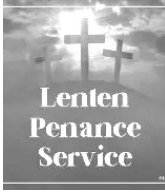
Sunday, March 22

Fifth Sunday of Lent

- Little Flower Mass 8:00 AM and 10:30 AM
- Our Lady of Mount Carmel Mass 8:30 AM
- St. Mary's Mass 10:30 AM
- Spring Bingo and Popcorn Party 2:00 PM

The Catholic Daughters will meet on Thursday, March 19th, rosary at 5:00 PM followed by the meeting. There will not be a Mass.

Spring Bingo and Popcorn Party on Sunday, March 22 at 2:00 PM in the Parish Hall. Everyone is welcome to join us for an afternoon of bingo with friends, cash prizes, and delicious refreshments.



The Little Flower Parish Lenten Reconciliation Services will be held on Wednesday, March 18 at 7:00 PM and Wednesday March 25 at 3:00 PM and 7:00 PM. Parishioners are encouraged to take advantage of this wonderful opportunity for confession. You are encouraged to join us for a brief reflection at the beginning of the service and celebrate this sacrament of forgiveness and healing.

Local Area Lenten Penance Services

- March 15 - Sacred Heart, Rolette at 7:00 PM
- March 16 - St. Cecilia's, Towner at 7:00 PM
- March 19 - St. Cecilia's, Harvey at 7:00 PM
- March 22 - St. Mark's, Bottineau at 7:00 PM

Walk the Stations of the Cross and recount Jesus' journey to Calvary. The Stations of the Cross will bring us closer to Christ as we meditate on the great love He showed for us in His most sorrowful Passion!

Little Flower will have Stations of the Cross led by the Catholic Daughters and Christian Mothers on Mondays at 4:15 PM followed by the rosary and the 5:15 PM Mass. The Knights of Columbus will lead the Stations of the Cross on Wednesdays following the 5:15 PM Mass.

St. Mary's will have Mass and Stations of the Cross on Wednesday evenings at 7:00 PM.

Our Lady of Mount Carmel will have Mass and Stations of the Cross on Friday evenings at 7:00 PM.

This year the children and youth of Little Flower, St. Mary's and Our Lady of Mount Carmel will express the Lenten tradition of giving Alms by choosing to give close to home. Students will make their own "Lenten Giving Boxes" to collect coins for the benefit of Catholic Charities North Dakota. Students are also making more boxes to distribute to parishioners with an enclosed charitable message explaining the mission of Catholic Charities North Dakota. Look for these handmade "Lenten Giving Boxes" at the entrances to the church, and pick one up to use for your own charitable giving during Lent.

Are you interested in becoming a 4th degree KC? There is some interest building and we would like to hold a 4th degree exemplification here in Rugby. In order to do so, we are looking to get as many men as possible for this ceremony. Please contact Brian Blessum, Pete Burgard, or email rugbykc@gondtc.com if you would be interested. We are also seeking any possible spare or unused KC swords. These would be given to new 4th degree KCs to help in completing their uniform. If you would like to donate them, please drop them off at the parish office.

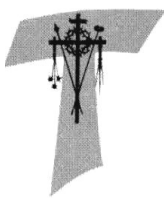
The Little Flower Speaker Capital Campaign has officially reached its goal! Thank you to all who generously contributed. Your support made this achievement possible, and we are deeply appreciative of your commitment to our parish community.

Thanks to all our parishioners who have made their gift to the 2026 God's Gift Appeal. If you have not yet made a gift or pledge, please fill out a commitment card located at all church entrances. Please participate in the support of our diocesan church.

Easter Flowers: Donations are being accepted to purchase lilies to decorate our church for Easter. Donations may be made in the memory/honor of loved ones. Donation envelopes may be found in your envelope packets and may be placed in the weekend collection basket or brought to the parish office.

Due to retirement Little Flower Parish is seeking a Parish Secretary to support the daily operations of our parish office. This role includes greeting visitors, managing parish records, preparing weekly communications, and assisting the pastor and staff with administrative needs. The ideal candidate has organizational and multitasking skills, detail-oriented, proficient with parish office software, basic financial recordkeeping, familiar with Catholic parish life and enjoys serving in a faith-filled environment. To apply, please submit a résumé to franklin.miller@fargodiocese.org or bring it to the parish office during regular hours. Applications will be reviewed as they are received.

SEARCH for Christian Maturity is a peer-to-peer retreat ministry for youth (ages 16–17) and young adults (18+) who desire to grow deeper in their faith and in Christian community. SEARCH offers a powerful opportunity to encounter God, discover more about oneself, and build meaningful relationships within a loving, supportive Christian environment. Retreat will be April 10-12, 2026 (**deadline to register is March 23**) at the Maryvale Retreat Center in Valley City. For more information and to apply, please visit: www.fargodiocese.org/search4cm. Questions? Please contact Dori Picard at 952-210-2219.



We invite young women to "Come & See" what life is like as a Hankinson Franciscan. Learn more about the Religious Life as lived in our community. Explore your vocation. The 2026 dates are March 27-29, June 26-28, and August 21-23. Sign up at our website at <https://ndfranciscans.org/vocation-events.html>. If you wish to arrange another time, please reach out to Sr. Mary Ruth at smaryruth@sfcetreats.org.

Rachel's Vineyard Retreat: Hope and Healing April 17-19, 2026. Have you, or someone you know, suffered from the physical, emotional, or spiritual effects of a past abortion? Rachel's Vineyard offers a safe, non-judgmental and confidential weekend retreat for anyone – including women, men, couples, grandparents or siblings - who struggle with the feelings of loss or guilt that can accompany an abortion experience. The weekend begins on Friday evening and concludes on Sunday afternoon. Two Rachel's Vineyard Retreats are scheduled for the Diocese of Fargo: April 17-19, 2026 and November 6-8, 2026. For more information, contact, Sherry at 701-520-1229 or Tim at 701-799-2051 or email rvregister@yahoo.com. All inquiries are strictly confidential.

STEWARDSHIP OFFERING

	2026	2025
March 7-8		
Little Flower	\$6,590.00	\$7,792.26
March 8, 2026	Week	Year to Date
St. Mary's March 1 \$183.25 March 8 \$153.00	\$336.25	\$1,521.25
OLMC		

2026 GOD'S GIFT APPEAL

Little Flower	Year to Date
Goal	\$62,558
Pledged	\$15,136
St. Mary's	
Goal	\$3,999
Pledged	\$2,208
OLMC	
Goal	\$8,934
Pledged	\$3,925

St. Therese the Little Flower

Priests: 776-6388 Ext 1

Very Rev. Franklin Miller, Pastor
franklin.miller@fargodiocese.org
701-388-9826

Fr. Gaspar Vanathaiyan
frgasparraja@gmail.com

Deacon

Arlen Blessum
acblessum@hotmail.com

Richard Lagasse
richard.lagasse@fargodiocese.org

Parish Secretary - 776-6388 Ext 4

Deb Millang
lfparish@gondtc.com

Bookkeeper - 776-6388 Ext 7

Heidi Voeller
lffinance@gondtc.com

Religious Education - 776-6388 Ext 6

Casandra Zwingel
lfre@gondtc.com
208-0429 M - F 8am - 5pm

Catholic Youth Organization

Lisa Volk - 583-2338

Knights of Columbus

Brian Blessum, Grand Knight

Christian Mothers

Theone Stevenson, President

Catholic Daughters

Valerie Bachmeier, Regent

Parish Music Ministry

Glenda Mack - 776-5179

Society of Saint Vincent de Paul

Deb Black, President 681-0192



St. Mary's Catholic Church

Religious Education

Lisa Volk

Parish Council

Kenny Bohl

St. Mary's Ladies Society

Kristen Bohl

Parish Music Ministry

Susan Hoffert



Our Lady of Mt. Carmel

Religious Education

Samantha Wentz

Parish Council

Pete Burgard

Altar Society

Bernice Axtman 542-3385

Music Ministry

Wanda Kremer - 542-3338



Little Flower School - 776-6258

Principal - 776-6258

Kevin Leier
kevin.leier@littleflowercatholicsschool.com

Secretary - 776-6258

Rhonda Livedalen
office@littleflowercatholicsschool.com

Parish/School Custodian

Deacon Jonathan Brewer

Church/School Kitchen 776-6388 Ext 5

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**For information about
becoming a sponsor of the Little
Flower Historian please contact
Heidi in the business office at
776-6388.**



Mass Schedule (LF-Little Flower; SM-St. Mary; OLMC-Our Lady of Mt. Carmel; HE-Haaland Estates; HOSP - Hospital)

Monday, March 16

7:30 AM (LF)
5:15 PM (LF)
5:45 PM (LF)

Is 65:17-21; Jn 4:43-54
Health of Denise Lagasse by a friend
† James Parr, Jr. by Deacon Rick and Denise Lagasse
Adoration

Tuesday, March 17

7:30 AM (LF)
8:00 AM (LF)
9:00 AM (HE)

Ez 47:1-9, 12; Jn 5:1-16 St. Patrick
† Jane Roth by Tom and Kitty Teigen
Adoration
Deceased and living members of the Ted Mitzel Family by Betty Summers

Wednesday, March 18

7:30 AM (LF)
9:30 AM (OLMC)
5:15 PM (LF)
7:00 PM (SM)

Is 49:8-15; Jn 5:17-30 Saint Cyril of Jerusalem
† Bob Graber and deceased family members of Rita Graber
† Ed Brossart by Alice Bohl
† Bruce Baumann by Myrna Baumann and family
† Magdalena Miller by Gerold and Leanne Pfeifer

Thursday, March 19

7:30 AM (LF)
8:00 AM (LF)
9:00 AM (HE)
10:30 AM (Hosp)

2 Sm 7:4-5a,12-14a,16; Rom 4:13,16-18,22; Mt 1:16,18-21, 24a St Joseph
† Fr. Joe Senger by Nick and Bernie Senger
Adoration
† Regina Eisenzimmer by friends and family
† Larry Schumacker by Frank Schumacker

Friday, March 20

7:30 AM (LF)
9:00 AM (LF)
7:00 PM (OLMC)

Wis 2:1a, 12-22; Jn 7:1-2, 10, 25-30
Young People of the Parish by the Christian Mothers
† Ed Selensky by Richard and Arlene Schmaltz
† Richard Jundt by Joyce and Chuck Teigen .

Saturday, March 21

8:00 AM (LF)

5:00 PM (LF)

Jer 11:18-20; Jn 7:40-53
† John P Haman by Janice and Neil Pfeifer
Ez 37:12-14; Rom 8:8-11; Jn 11:1-45 Fifth Sunday of Lent
† Diane Volk by Mark and Deb Millang

Sunday, March 22

8:00 AM (LF)
8:30 AM (OLMC)
10:30 AM (LF)
10:30 AM (SM)

Ez 37:12-14; Rom 8:8-11; Jn 11:1-45 Fifth Sunday of Lent
† Roy Pfeifer by Gerold and Leanne Pfeifer
† Pius, Regardia, Duane and Michael by Elaine and Bill Schaan
Mass for the People
† Delores Hager by Kevin and Valerie Bachmeier

The broadcast of the 8:00 AM Sunday Mass on 1450 KZZJ AM and 92.1 FM is sponsored by Gerold and Leanne Pfeifer in memory of Roy Pfeifer.

SERVING OUR PARISHES MARCH 21-22

St. Therese	Altar Servers		Lector	Extraordinary Minister of Holy Communion		
5:00 PM Saturday	Volunteers		Kathy Heilman	Vernice Brossart Marge Heilman		
8:00 AM Sunday	Volunteers		Rose Schneibel	Michael Voeller		
10:30 AM Sunday	Penn Wangler Pius Wangler Paxton Wangler		Paisley Wangler	Brian Blessum Sue Blessum		
St. Mary	Sacristan/Reader	Altar Servers	Ushers	EMHC	Gifts	Church Cleaning
10:30 AM Sunday	Wanda Follman Mark Hoffert	Barrett Bohl Titus Volk	Tim Sattler Al Follman	Wanda Follman	Philip Volk Family	Hoffert and Pfeifer Families
Our Lady of Mt. Carmel	Lector	Altar Servers	EMHC	Church Care		
8:30 AM Sunday	Julie Baustad	Volunteers	Eric Kremer	Wes Hall, Joe Haman, Derrick Klein, Kelly King		