

THE PARISHES OF:



ST. THERESE THE LITTLE FLOWER

218 3RD STREET SE, RUGBY, ND

ST. MARY'S

129 S MORGAN STREET, KNOX, ND



OUR LADY OF MT. CARMEL

301 MAIN STREET N, BALTA ND



THIRD SUNDAY OF LENT MARCH 8, 2026 THE HISTORIAN VOL. 41 NO. 10

Message from our Pastor

Dear Parishioners of Little Flower, Our Lady of Mt. Carmel, and St. Mary's,

March is generally the transition from winter to spring with its temperature ups and downs and bouts of either snow or rain or both. The older a person gets the more conscious of ice on the ground is so important.

The practice of Lent strengthens one's spirit. A strong strength of spirit helps with self-control and the ability to resist inordinate desires and thoughts, "blessed are the pure in heart, for they will see God" (Mt 5:8). Lent helps us to break off the ties of disordered attachment to ourselves, to people and things, which often keep us from seeking "first the kingdom of God" (Mt 6:33). Besides the fasting of food and abstaining from meat on the days prescribed during Lent, there are other ways of self-denial, such as lessening the amount of time watching television, lessening the amount of non-essential chit chat or spending more time helping others.

Lent always includes the Sacrament of Reconciliation, which is necessary for the accomplishment of the "new self, created according to the likeness of God in true righteousness and holiness" (Eph. 4:24).

Let us all make a good confession for the preparation of the Sacred Triduum and the celebration of the Lord's resurrection. Communal penance services are scheduled for March 18th and March 25th at Little Flower. Please check the bulletin for details.

May you have a blessed Lent!

Fr. Frank Miller
Pastor

St. Therese Little Flower Parish

Rectory: 776-6388
Parish Office: 776-6388
www.littleflowerrugby.org
Office Hours: Tuesday - Friday 8am - 3pm

Eucharistic Liturgies

Saturday Vigil 5:00 p.m.
Sunday 8:00 a.m.
Sunday 10:30 a.m.
Weekday Mass as scheduled on back page

Sacrament of Reconciliation

Tuesday 6:30 p.m. - 7:30 p.m.
Saturday 8:30 a.m. - 10:30 a.m.
4:15 p.m. - 4:45 p.m.

Eucharistic Adoration

Monday 5:45 p.m. - midnight
Tuesday 8:00 a.m. - 9:00 p.m.
Thursday 8:00 a.m. - 5:00 p.m.

If a funeral is scheduled at 11am adoration begins at 1pm; if a funeral is scheduled at 2pm adoration will be from 8am - noon.



**St. Mary's Parish
Eucharistic Liturgy**

Sunday 10:30 a.m.
Wednesday 7:00 p.m.



**Our Lady of Mt. Carmel Parish
Eucharistic Liturgy**

Sunday 8:30 a.m.
Wednesday 9:30 a.m.
Friday 7:00 p.m.



Infant Baptism

Please contact priest before birth or selecting baptismal sponsors.

Marriage Preparation

Prior to setting a wedding date, at least six months in advance, please arrange a first meeting with one of our priests.

New Parishioners

Please register at the parish office 9:00 a.m. - 3:00 p.m. or contact the parish office.

Communion to the Sick & Homebound

Parish ministers bring the Holy Eucharist to the homebound and the hospitalized. Please call the parish office to arrange for visitation.

Anointing of the Sick

Please contact a priest when hospitalized or preparing for surgery or significant medical procedure.

THIRD SUNDAY OF LENT



WEEKLY EVENTS

Sunday, March 8

Third Sunday of Lent

- Little Flower Mass 8:00 AM and 10:30 AM
- Our Lady of Mount Carmel Mass 8:30 AM
- St. Mary's Mass 10:30 AM

Monday, March 9

- LFCS Advisory Council meeting 7:00 AM
- Little Flower Mass 7:30 AM and 5:15 PM
- Loretta Heilman Funeral Mass 11:00 AM
- Stations of the Cross 4:15 PM
- Little Flower Adoration 5:45 PM - midnight

Tuesday, March 10

- Little Flower Mass 7:30 AM
- Haaland Estates Mass 9:00 AM
- Adoration 8:00 PM - 9:00 PM
- The Bible & Church Fathers Study Group 4:00 PM and 7:00 PM
- Little Flower Confession 6:30 - 7:30 PM

Wednesday, March 11

- Little Flower Mass 7:30 AM and 5:15 PM
- Our Lady of Mount Carmel Mass 9:30 AM
- LF Prayer for Life 3:00 PM
- Praise the Lord RE - Early Out
- KC Stations of Cross 5:45 PM
- Communion Parent meeting 5:30 - 6:30 PM
- KC Meeting 7:00 PM
- St. Mary's Mass & Stations of the Cross 7 PM

Thursday, March 12

- Little Flower Mass 7:30 AM
- Little Flower Adoration 8:00 AM - 5:00 PM
- Haaland Estates Mass 9:00 AM
- Hospital Mass 10:30 AM
- CYO Rummage Sale 8:00 AM - 7:00 PM
- Saint Vincent de Paul meeting 7:00 PM

Friday, March 13

- Little Flower Mass 7:30 AM and 9:00 AM with a movie following in Dorothy's Room
- CYO Rummage Sale 8:00 AM - 7:00 PM
- OLMC Mass & Stations of the Cross 7:00 PM

Saturday, March 14

- Little Flower Mass 8:00 AM
- Confession 8:30 - 10:30 AM; 4:15 - 4:45 PM
- CYO Rummage Sale 8:00 AM - 7:00 PM
- Little Flower Vigil Mass 5:00 PM

Sunday, March 15

Fourth Sunday of Lent

- Little Flower Mass 8:00 AM and 10:30 AM
- Our Lady of Mount Carmel Mass 8:30 AM
- St. Mary's Mass 10:30 AM
- CYO Rummage Sale 8:00 AM - Noon

Little Flower, St. Mary's and Our Lady of Mount Carmel Parishes extend our condolences to the family of Loretta Heilman whose funeral will be on Monday, March 9 at 11:00 AM at Little Flower. May her soul and the souls of all the faithful departed rest in the peace of Christ.

The Little Flower Catholic School Advisory Council will meet on Monday, March 9 at 7:00 AM.

The Knights of Columbus monthly council meeting will be on Wednesday, March 11 at 7:00 PM in Dorothy's Room.

In today's Gospel, Jesus says: "My food is to do the will of the one who sent me and to finish his work." **Through your almsgiving you are doing the will of the Father and finishing the work of Jesus. This month, through your gifts, the Society of St. Vincent de Paul was able to proclaim the good news of the kingdom to the poor, by assisting six families, providing \$170 in food, \$500 in rent, \$40 in gas, \$40 in bus tickets, and \$107 in lodging.** Thank you for your generosity. Our next Saint Vincent de Paul meeting is March 12th at 7:00 PM in Dorothy's Room.

Little Flower CYO Rummage Sale - March 12th – March 14th from 8:00 AM – 7:00 PM and March 15 from 8:00 AM - Noon. With Lent upon us, it's a great time to clear the clutter and lighten the soul. **Donations will be accepted starting March 8th in the Monsignor Cloos Dining Room.** If you're able, please unpack your items in the designated areas. Volunteers are welcome anytime beginning March 8th to help unpack, sort, or assist during the sale. Unsold items will be donated to St. Ann's Thrift Store in Belcourt. Questions? Contact Lisa at 208-0931 or the Little Flower Parish Office. No TVs, computers or furniture accepted.



CYO Lenten Seafood Fundraiser. Off the Hook Seafood is back! All orders support the CYO program. Forms are available near the entry of the Church. Orders need to be returned by March 14. Your order will arrive on March 28.

The Catholic Daughters will meet on Thursday, March 19th, rosary at 5:00 PM followed by the meeting. There will not be a Mass.

Spring Bingo and Popcorn Party on Sunday, March 22 at 2:00 PM in the Parish Hall. Everyone is welcome to join us for an afternoon of bingo with friends, cash prizes, and delicious refreshments.

The Little Flower Parish Lenten Reconciliation Services will be held on Wednesday, March 18 at 7:00 PM and Wednesday March 25 at 3:00 PM and 7:00 PM. Parishioners are encouraged to take advantage of this wonderful opportunity for confession. You are encouraged to join us for a brief reflection at the beginning of the service and celebrate this sacrament of forgiveness and healing.

Local Area Lenten Penance Services

- March 15 - Sacred Heart, Rolette at 7:00 PM
- March 16 - St. Cecilia's, Towner at 7:00 PM
- March 19 - St. Cecilia's, Harvey at 7:00 PM
- March 22 - St. Mark's, Bottineau at 7:00 PM

Cards for Denise Lagasse. Anyone who would like to send a card to Denise can go to the [Broward health.org](http://Broward.health.org) website, click on patients and visitors then click on send e-greeting card and follow the prompts. Her room number is 4054. They do not have a wide selection of cards but you can add your own heartfelt message. They are hoping to be transferred to Fargo in the near future so we are not going to mail any additional cards via the United States Postal Service until there is a definite plan.

Walk the Stations of the Cross and recount Jesus' journey to Calvary. The Stations of the Cross will bring us closer to Christ as we meditate on the great love He showed for us in His most sorrowful Passion!

Little Flower will have Stations of the Cross led by the Catholic Daughters and Christian Mothers on Mondays at 4:15 PM followed by the rosary and the 5:15 PM Mass. The Knights of Columbus will lead the Stations of the Cross on Wednesdays following the 5:15 PM Mass.

St. Mary's will have Mass and Stations of the Cross on Wednesday evenings at 7:00 PM.

Our Lady of Mount Carmel will have Mass and Stations of the Cross on Friday evenings at 7:00 PM.

This year the children and youth of Little Flower, St. Mary's and Our Lady of Mount Carmel will express the Lenten tradition of giving Alms by choosing to give close to home. Students will make their own "Lenten Giving Boxes" to collect coins for the benefit of Catholic Charities North Dakota. Students are also making more boxes to distribute to parishioners with an enclosed charitable message explaining the mission of Catholic Charities North Dakota. Look for these handmade "Lenten Giving Boxes" at the entrances to the church, and pick one up to use for your own charitable giving during Lent.

Are you interested in becoming a 4th degree KC? There is some interest building and we would like to hold a 4th degree exemplification here in Rugby. In order to do so, we are looking to get as many men as possible for this ceremony. Please contact Brian Blessum, Pete Burgard, or email rugbykc@gondtc.com if you would be interested. We are also seeking any possible spare or unused **KC swords**. These would be given to new 4th degree KCs to help in completing their uniform. If you would like to donate them, please drop them off at the parish office.

Little Flower Speaker Capital Campaign. Our church has installed two new speakers to improve sound during Mass and parish events. The project cost was \$9,000, and we have received \$7,430 so far. Thank you to all who have contributed. Donations of any amount are welcome. Please place your donation in an envelope marked "Speaker Capital Campaign" and drop it in the collection basket or bring it to the parish office. Checks should be made payable to Little Flower Church.

SEARCH for Christian Maturity is a peer-to-peer retreat ministry for youth (ages 16-17) and young adults (18+) who desire to grow deeper in their faith and in Christian community. SEARCH offers a powerful opportunity to encounter God, discover more about oneself, and build meaningful relationships within a loving, supportive Christian environment. Retreat will be April 10-12, 2026 (**deadline to register is March 23**) at the Maryvale Retreat Center in Valley City. For more information and to apply, please visit: www.fargodiocese.org/search4cm. Questions? Please contact Dori Picard at 952-210-2219.

STEWARDSHIP OFFERING

	2026	2025
Feb 28-March 1		
Little Flower	\$7,784.00	\$14,202.00
March 1, 2026	Week	Year to Date
St. Mary's	\$	\$1,185.00
OLMC		

2026 GOD'S GIFT APPEAL

Little Flower	Year to Date
Goal	\$62,558
Pledged	\$7,156
St. Mary's	
Goal	\$3,999
Pledged	\$200
OLMC	
Goal	\$8,934
Pledged	\$2,265

St. Therese the Little Flower

Priests: 776-6388 Ext 1
 Very Rev. Franklin Miller, Pastor
franklin.miller@fargodiocese.org
 701-388-9826

Fr. Gaspar Vanathaiyan
frgasparraja@gmail.com

Deacon

Arlen Blessum
acblessum@hotmail.com

Richard Lagasse
richard.lagasse@fargodiocese.org

Parish Secretary - 776-6388 Ext 4

Deb Millang
lparish@gondtc.com

Bookkeeper - 776-6388 Ext 7

Heidi Voeller
lpfinance@gondtc.com

Religious Education - 776-6388 Ext 6

Casandra Zwingel
lfre@gondtc.com
 208-0429 M - F 8am - 5pm

Catholic Youth Organization

Lisa Volk - 583-2338

Knights of Columbus

Brian Blessum, Grand Knight

Christian Mothers

Theone Stevenson, President

Catholic Daughters

Valerie Bachmeier, Regent

Parish Music Ministry

Glenda Mack - 776-5179

Society of Saint Vincent de Paul

Deb Black, President 681-0192



St. Mary's Catholic Church

Religious Education

Lisa Volk

Parish Council

Kenny Bohl

St. Mary's Ladies Society

Kristen Bohl

Parish Music Ministry

Susan Hoffert



Our Lady of Mt. Carmel

Religious Education

Samantha Wentz

Parish Council

Pete Burgard

Altar Society

Bernice Axtman 542-3385

Music Ministry

Wanda Kremer - 542-3338



Little Flower School - 776-6258

Principal - 776-6258

Kevin Leier
kevin.leier@littleflowercatholicschool.com

Secretary - 776-6258

Rhonda Livedalen
office@littleflowercatholicschool.com

Parish/School Custodian

Deacon Jonathan Brewer

Church/School Kitchen 776-6388 Ext 5

Say **Thanks**
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Mass Schedule

(LF-Little Flower; SM-St. Mary; OLMC-Our Lady of Mt. Carmel; HE-Haaland Estates; HOSP - Hospital)

**Anderson Funeral Homes, Inc.
Rugby & Towner**

**Deplazes Redi-Mix and
Construction, LLC**

First United Bank

**H. E. Everson Co. Auto Parts &
Supplies**

Harper Oil

Horizon Ag Services

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Knights of Columbus Insurance

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Mack Law Offices, P.C.

Main Street Boutique

Martinson Ag Risk Management

Merchants Bank

Mike Swanson Construction

Niewoehner Funeral Home

Old National Bank

Prairie Strands

Precision Auto Body & Glass

**Rugby Broadcasters KZZJ &
KKWZ**

Rugby Eagles

Rugby Insurance Agency

Rugby Veterinary Service, PC

St. Michel Furniture

Schneider Aerial, Inc.

Volk Excavating - Knox

**For information about
becoming a sponsor of the Little
Flower Historian please contact
Heidi in the business office at
776-6388.**

Monday, March 9

7:30 AM (LF)
11:00 AM (LF)
5:15 PM (LF)
5:45 PM (LF)

2 Kgs 5:1-15ab; Lk 4:24:30 Saint Frances of Rome

† Leo Vetter by family
† Loretta Heilman Funeral Mass
† Elaine Kraft by Vernice Brossart
Adoration

Tuesday, March 10

7:30 AM (LF)
8:00 AM (LF)
9:00 AM (HE)

Dn 3:25, 34-43; Mt 18:21-35

Birthday Blessings for Casandra Zwingel by a friend
Adoration
Health of Tammy Tufte by Delores Jaeger and Bergetta Hager

Wednesday, March 11

7:30 AM (LF)
9:30 AM (OLMC)
5:15 PM (LF)
7:00 PM (SM)

Dt 4:1,5-9; Mt 5:17-19

Health of Denise Lagasse by Gerold and Leanne Pfeifer
† Richard Schneider by Mary Ann Welder
† Bernie Volk by the Religious Ed Board
† Larry Schumacker by Bob and Diane Fritel

Thursday, March 12

7:30 AM (LF)
8:00 AM (LF)
9:00 AM (HE)
10:30 AM (Hosp)

Jer 7:23-28; Lk 11:14-23

† Joe P Haman by family
Adoration
† Katherine Haman by Frank and Melina Foster
† Regina Eisenzimmer by friends and family

Friday, March 13

7:30 AM (LF)
9:00 AM (LF)
7:00 PM (OLMC)

Hos 14:2-10; Mk 12:28-34

Families of the Parish by the Christian Mothers
Birthday Blessings for Lisa Volk by a friend
† Gerald N Muffenbier by Kevin and Toni Muffenbier.

Saturday, March 14

8:00 AM (LF)

5:00 PM (LF)

Hos 6:1-6; Lk 18:9-14

† John Bohl by Cletus and Bernice Axtman
1 Sm 16:1b, 6-7, 10-13a; Eph 5:8-14; Jn 9:1-41 Fourth Sunday of Lent
† Ed Selensky by Elaine Selensky and family

Sunday, March 15

8:00 AM (LF)
8:30 AM (OLMC)
10:30 AM (LF)
10:30 AM (SM)

1 Sm 16:1b, 6-7, 10-13a; Eph 5:8-14; Jn 9:1-41 Fourth Sunday of Lent

† Deceased family members by Marge Heilman and family
Mass for the People
† Delores Hager by Rob and Jill St. Michel
† Garth Senechal by Bob and Diane Fritel

The broadcast of the 8:00 AM Sunday Mass on 1450 KZZJ AM and 92.1 FM is sponsored by Marge Heilman and family in memory of their deceased family members.

SERVING OUR PARISHES MARCH 14-15

St. Therese	Altar Servers		Lector	Extraordinary Minister of Holy Communion		
5:00 PM Saturday	Volunteers		Chuck Teigen	Diane Dufner Joyce Teigen		
8:00 AM Sunday	Volunteers		Jeremy Wald	Heidi Voeller		
10:30 AM Sunday	Chelsea Blessum Grant Teigen Rhett Teigen		Carter Teigen	Joe Schmaltz Mary Schmaltz		
St. Mary	Sacristan/Reader	Altar Servers	Ushers	EMHC	Gifts	Church Cleaning
10:30 AM Sunday	Wanda Follman Mark Hoffert	Barrett Bohl Titus Volk	Tim Sattler Al Follman	Wanda Follman	Jay Bosch Family	Hoffert and Pfeifer Families
Our Lady of Mt. Carmel	Lector	Altar Servers	EMHC	Church Care		
8:30 AM Sunday	Riley Schaan	Volunteers	Erin Schaan	Wes Hall, Joe Haman, Derrick Klein, Kelly King		